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### **Periodontal Surgery Post-Op Instructions**

**Since a surgical procedure has been performed, it is important that any medication prescribed by Dr. Berg be filled and taken according to the instructions.**

**In most cases sutures have been placed around the surgical site. The sutures should not be disturbed and will be removed in one week by Dr. Berg. On the day of surgery no rinsing, irrigating or flossing should be done. The day after surgery and continuing for several days after, rinsing with warm salt water will aid the healing process.**

**Physical activity after surgery should be minimal and smoking is absolutely prohibited for at least 24 hours. Any excessive bleeding or pain should be reported immediately to Dr. Berg.**

**Normal brushing and flossing should continue throughout the post-operative healing period in all areas except the surgical site.**

**While the sutures are in place not brushing is necessary in this area. After the sutures are removed this area can be gently brushed and flossed for a couple of weeks until healing allows normal hygiene procedures.**